

Occupational Therapy

Taunton Public Schools

December, 2015

Top Toys for Kids with Regulatory Needs

Find the Perfect Toy for Children with Regulatory Needs Associated with ADHD, Processing Disorders, Asperger's syndrome and Anxiety.

As the holidays approach, finding toys appropriate for children with processing disorders, ADHD or Asperger's can be a challenge. Take a look at our top toy picks that are sure to be a hit for differently-abled kids.

Weighted Blanket

Weighted to provide sensory input and stability to assist with calming and focus, these therapeutic weighted blankets help to tame tempers, soothe the sleepless, and provide that deep pressure that many with Sensory Processing Disorder crave.



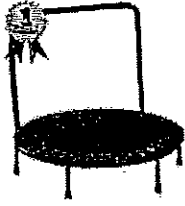
Chewy Necklace

Many kids with regulatory needs find chewing helpful to remain calm during times of stress. They can soothe and comfort children with any type of additional needs such as sensory integration disorder, ADHD, and anxiety. Chewelry can help bring a stop to chewing on clothes, bed sheets, fingernails, and other non-chewable items.



Mini Trampoline

Trampolines regulate and improve sensory skills. Many kids can feel overwhelmed by stimuli, leading to added stress and undesirable behaviors. Rebounding increases sensory awareness and improves motor skills. It encourages muscle development, strengthens bones, reinforces joints, and improves balance.



Peanut Balls

This peanut-shaped fitness ball offers a stable base for balance and strengthening. It can also be used vigorously to challenge postural reflexes and work the abdominal muscles. A critical tool in every therapy and fitness facility, this ball offers greater stability by limiting movement to forward and backward.



Teeter Popper

The Teeter Popper balance board is ideal for improving balance, stimulating senses, engaging the imagination, and encouraging creativity. It also helps to improve core strength & stability, balance, coordination and gross-motor skills.



Tangle Fidget Toy

Many children will focus better and absorb things more quickly if they have something to do with their hands. Tangles are a wonderful toy for children to play with on trips in the car, on a plane or anytime. It's a perfect way to relax and stimulates your brain as it helps increase finger dexterity.



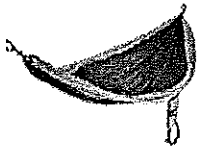
Swing Chair

Swinging develops the sense of balance and body perception. It also brings a feeling of well-being and relaxation. Through the act of swinging, gross motor skills, including balance and coordination are improved



Eno Hammock

Children with processing disorders or ADHD find the smooth, swaying motion and cocoon-like wrap of a hammock soothing. The swinging motion can help increase concentration in kids who have trouble focusing on tasks like reading or math. Hammocks can also help restore balance to those with vestibular dysfunction.



Balance Stones

Improve dynamic balance, body awareness and coordination with these balance stones. The purpose is to jump from stone to stone without touching the floor. These balance stones provide challenging, active, imaginative fun and build children's confidence when jumping, judging distances, coordinating and balancing.

